



Beauty Solutions

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This basic book of beauty solutions from top to toe, is meant for every woman with a yearning for a healthy presentable appearance.

Some are lucky to be born beautiful, while others can equip themselves with the vast treasure of knowledge provided in this book.

The book presents all the information on beauty in question-answer format.

Many books have been written on the subject but since beauty happens to be the single most obsession with a vast majority of human beings, this book addresses their most common and immediate concerns.

Highlights:

*Hair: Diet and Hair, Hair fashions, Colouring Tips, Face Shapes and Hairstyles, Camouflaging the flaws

*Styling the Hair: When to go in for a cut, Grey hair, Dandruff and other problems, Shampoo and Hair Conditioner Facts

*Skin: Skin Care, Problem Skin, Scars and Spots, Glowing Skin

*Ageing: Blemishes and dark circles, Superfluous hair, Stretch marks, Body weight, Exercises, Body Odour and Perfumes, Sensitive Skin, Emotions and Skin, Teeth

*Make-up: Manicure and Pedicure

*Herbal Beauty Solutions: For Hair, Skin, Teeth

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