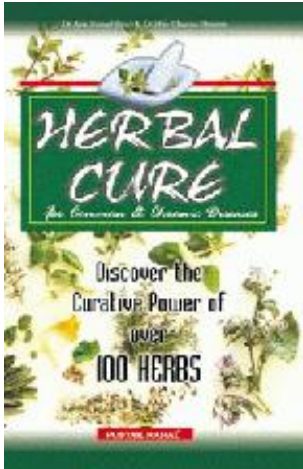




## Herbal Cure



**Author:** Dr. syed Aziz Ahmad & Dr. Shiv Charan Sharma

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Traditional herbal remedies have always been valued since time immemorial.

In fact, herbal remedies have been known to cure a variety of ailments, right from spasm to heart diseases and that too without any post-medication blues.

Modern medicine, in fact, is now fast realizing the importance of their time-tested methods, which is why many herbs and herbal remedies are being prescribed by even allopathic practitioners.

Some Glimpses:

- \* Rauwolfia is also being recommended by Allopathy to treat high blood pressure and depression
- \* Digitalis to contain the fallouts of heart attack
- \* Cinchona to counter malaria
- \* Neem extracts for diabetics

The author outlines the healing and curative properties of more than 100 medicinal plants, which are easily available all over the country.

The best part of the book is that in many cases the patients will be able to bring their problems in effective control through simple, readily available herbal solutions.

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